**Wendell Middle School Athletic Information 2015-2016**

**WCPSS Athletic Mission:** The Wake County Public School System athletic program is an integral part of education that will provide meaningful activities that promote learning, and strive for students to excel in the development of life skills, healthy lifestyle, sportsmanship, and citizenship.

**Coach’s Role**

As a coach, I will set a good example for participants and fans to follow, exemplifying the highest moral and ethical behavior. I will teach good sportsmanship and establish high standards for the athletes, parents, and fans. I will set standards and consequences for athletes that do not abide by sportsmanship, team, and school rules. I will treat opposing coaches, participants, and fans with respect. I will shake hands with officials and opposing coaches. I will teach the value of honest effort in conforming to the spirit as well as the letter of the rules.

**Athlete’s Role**

As a student-athlete, I am a role model.  I understand the spirit of fair play while playing hard.  I will refrain from engaging in all types of disrespectful behavior, including inappropriate language, taunting, trash talking, and unnecessary physical contact.  I know the behavior expectations of my school and my conference, and hereby accept the responsibility and privilege of representing this school and community as a student-athlete.

* Represent your school and self in a manner that reflects self-control
* Comply will all school and team rules and policies
* Report any injury or aggravating condition to an athletic trainer
* Be respectful by using appropriate language
* Treat everyone fairly
* Treat everyone with dignity and respect
* Arrive on time for all practices, meetings, and contests
* Play by the rules, demonstrating and encouraging good sportsmanship

**Parent’s Role**

As a parent, I acknowledge that I am a role model.  I will remember that school athletics is an extension of the classroom, offering learning experiences for the students.  I must show respect for all players, coaches, spectators, and support groups.  I will participate in cheers that support, encourage, and uplift the teams involved.  I understand the spirit of fair play and the good sportsmanship expected by our school, and our conference.  I hereby accept my responsibility to be a model of good sportsmanship that comes with being the parent of a student athlete.

* Let the coaches do the coaching for all team members
* Support the program
* Be your child’s best fan
* Encourage your child to talk with the coaches
* Understand and display appropriate game behavior
* Help your child keeping his or her priorities straight
* Keep sport in its proper perspective

**Student Athletes**

Athletes are Students first. Grades, tardies and attendance will be checked during the season. Athletes that need to attend tutoring will work with their coach and teacher to make sure they get extra help when it is offered. Athletes are expected to perform in the classroom. If grades slip, assignments are missed, or classroom behavior becomes an issue, they will run the risk of suspension or dismissal from the team.

**Team Expectations**

\*You are a representative of Wendell Middle School

\*There will be practice every day as set by coach \*\* practice time: 2:20 - 4:30

\*Game days are different for each sport – see your team’s schedule \*\*remember on game days…games will end at around 5:30 or after depending on the sport. The activity bus will not be running after games.

\*It is expected that you are committed to the program as well as to your teammates during the season. While you may be participating with another team; recreational league, AAU, travel, etc ….your commitment is expected to your school team first. If a situation arises where schedules conflict, please speak with your coach.

\*Respect teammates, coaches, fans and opponents. Teasing, practical jokes, and hazing of any kind will not be tolerated.

\*Respect the umpires and/or officials. Talking back, gesturing, inappropriate behavior or general disrespect will not be tolerated.

Any infractions of the above rules can result in suspension or removal from the team.

**Practice/Games Guidelines**

* Be on time to practice. Check and know your daily schedule. Listen to announcements for any practice/game changes.
* Attendance at practice and games is a must. Your team depends on you. A team may struggle to reach its potential without all members contributing. If you have to miss practice/game and you are at school, you will need to see your coach before leaving that afternoon. If you miss school, ex. sick, please email or leave a phone message for your coach so they know you are absent. If you go to the Doctor and then come to school, bring a note from the Doctor.
* Athletes may miss quarters of play, innings, and games (ex. missed three days of practice due to illness- athlete will not be able to play in next game) for excused absences from practice. Two unexcused absences can lead to dismissal from the team.
* If you come to school after 11 am, you will be marked absent for the day. You will not be able to stay afterschool for practice or a game.
* During practices/games cell phones will not be allowed. They become a distraction and take your focus away from practice/game. Make all necessary phone calls/texts before practice/game begins. If there is a situation that you must ‘wait’ for a text from your parents, etc. please let your coach know up front. You can choose to have your cell phone in your bag… that is perfectly ok but you are responsible if it becomes lost or stolen. (All valuables can and should be locked up in your athletic locker)

**Eligibility-** Each athlete must be eligible in order to tryout and participate on a team.

* grades and attendance will be checked from the previous semester
* cannot have an F in LA or Math. Must be passing in either SS or SCI. Must be passing one of his/her elective classes.
* attendance – can have missed more than 13.5 days from previous semester (excused or unexcused)
* birth date – cannot have turned 15 on or before August 31st of school year.
* cannot participate in more than 4 semesters of their 7th and 8th grade years
* Must be in 7th or 8th grade
* must have a valid physical on file…physical exam is good for 365 days from the date of the exam.
* must have insurance information (name of insurance and policy #) or school insurance information
* concussion page must be initialed and signed by student athlete and parent

**Remind101**

Allows Student Athlete Parents to receive texts regarding practices, games or activity bus issues (please see sheet to add your name and number)

**Medical**

Please notify us of any medical changes since the physical was turned in for your child.

**Sports Safety Technician**

In middle school, we are fortunate enough to have a sports safety technician on staff. In high schools, they have Athletic Trainers. Our sports safety technician will be our first responder to any injuries that arise in practice and/or games. They will attend to first aid issues. Parents will be alerted if a bigger injury presents itself and if need be 911 will be called. If an injured athlete is seen by a Doctor, we will need a note that clears the athlete to participate in practice and games. Also, if the doctor suggests a series of ‘rehab’ exercises that a player can perform while at practice, our sports safety technician will work with the doctor or physical therapist.

Our sports safety technician is Robert Walker. Please contact him if you have any concerns. jandrews-barrett@wcpss.net

**Discipline**

All Student Athletes are held to a leadership role, but sometimes situations happen and the student athlete may be disciplined for an infraction at school. If this occurs, please see the following:

ASD: student will not be allowed to practice or play that day

OSS: Student is not permitted on school property during their suspension thus they cannot attend practice or participate in a game if it is held on an OSS day.

ALC: If a student is assigned to ALC for behavior infractions, they will not be able to practice or play that day (s)

Saturday School: Student will miss next day the team meets. (practice or game)

**Missed practices because of these infractions, are counted as unexcused absences**

**Admission to Games**

All middle and high schools charge admission to the games/meets. Middle school admission is $5.00 per person kindergarten age and up. These admission prices help to pay for officials, booking fees, security, equipment and uniforms.

**Can extra practice days or scrimmage games be added?**

WCPSS Middle school athletics states that when students are not in session, teams can**not** have practice or scrimmages. These include: early release days, Saturday and Sundays, snow days, Holidays and workdays. Setting up scrimmages is not allowed. Only the games that are set in the schedule can be played. Make up games due to weather or other reasons, will be set in the next week when feasible.

**Locker room**

All athletes will be given a locker to store their belongings in for practice. Baseball and softball players can store their bags in the athletic storage room during the day if the bag does not fit in their locker. Athletes will need to provide their own combination lock. Athletes need to lock their valuables during practice and games. Athletes are able to put their belongings in the locker room in the morning. Athletes need to drop off their stuff and leave the locker room. They should not be socializing in the locker room,

**Contact information:**

**Principal**: Robert Morrison Rmorrison@wcpss.net office #: 919-365-1668

**Athletic Director/ Sports Safety Technician**: Jeffrey Barrett jandrews-barrett@wcpss.net Cell #: 919-6084617 **Fax #: 919-365-1686**

Wendell Middle School

2015-2016

I have read the parent / athlete information for Wendell Wolves Athletics. This signature sheet will be counted for the fall, winter and spring seasons for the 2014-2015.

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Athlete Name (Print) Athlete Signature Date

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Parent Name (Print) Parent Signature Date

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